

Alternative therapist learns new skills in South America



Ancient skills: Dr Rosita Arvigo, left, who helped teach Sue Calvert abdominal massage techniques in the tropical rainforests of Belize

Sue is a fertility 'miracle' worker

AN ALTERNATIVE therapist from Sheffield who has worked 'miracles' for couples struggling to conceive travelled to Belize to learn the art of an ancient massage which she says can be used as a further weapon in the fight against fertility problems.

Sue Calvert, known by her fans and followers as The Baby Maker, spent three weeks in the tropical rainforest learning the art of Arvigo massage.

Her teacher was Dr Rosita Arvigo, who developed the abdominal massage techniques based on her apprenticeship with an old Maya healer called Don Elijo Panti.

Sue, from Millhouses, is now using the things she has learned with effective results.

SARAH DUNN Health Reporter

Lisa Nokes, from Barnburgh, Doncaster, and her husband Paul had struggled to get pregnant for three years.

The 25-year-old first visited Sue to undergo reflexology treatment – a practice she has been carrying out for more than 20 years, helping hundreds of couples to conceive – but when she heard about the new therapy she wanted to try it out.

Arvigo works using a deep abdominal massage.

Sue said: "It's about repositioning the internal organs, particularly the uterus.

"Most problems in fertility

originate from a misaligned womb, ovaries or fallopian tubes – by putting them back into their natural position you can often solve their problems."

Lisa, who works at Doncaster Council, said she and Paul, 38, were thrilled to discover she was pregnant in December last year after she had undergone three of the massage sessions, along with exercises to carry out at home.

She said: "We got married in January 2008 and by the September we had decided we wanted to start a family and began trying to get pregnant.

"It was disappointing to keep trying and trying and not get anywhere – particularly as it seemed like all our

friends and family around us were having babies all over the place!

"So we were over the moon to eventually get pregnant – and it was even funnier to discover that I'm due on the same day as my friend!

"I'm not a medical professional or anything and I don't really know the ins and outs of it all but this treatment gave us hope and I really believe it helped."

Sue, who is now one of just 23 trained Arvigo therapists in the UK, said she loved her job.

She said: "It's such a great feeling when people tell you they're pregnant.

"It's such a life-changing thing, it feels wonderful to have played a part in it."